**Useful Resources on COVID-19 related Issues**

**Keeping up to date:**

* NSW Health Facebook: <https://www.facebook.com/NewSouthWalesHealth>
* Multicultural NSW Facebook- <https://www.facebook.com/multiculturalnsw>
* NSW case locations- <https://www.nsw.gov.au/covid-19/nsw-covid-19-case-locations>

**COVID-19 Information in your language:**

* <https://www.sbs.com.au/language/coronavirus?cid=infocus>

# Live COVID-19 updates on SBS, SBS VICELAND and SBS On Demand **in multiple languages** (with real-time interpreting in Assyrian, Cantonese, Khmer and Mandarin, as well as Arabic and Vietnamese)- <https://www.sbs.com.au/aboutus/sbs-to-broadcast-live-covid-19-updates-on-sbs-sbs-viceland-and-sbs-on-demand-in-multiple-languages>

# Multicultural Health Communication Service Daily key points (in Arabic, Assyrian, Chinese (simplified), Dari, Tamil and Vietnamese)- <https://www.mhcs.health.nsw.gov.au/publications/covid-19-coronavirus/covid-19-daily-key-points>

* NSW Health COVID-19 translated resources by topic-<https://www.health.nsw.gov.au/Infectious/covid-19/Pages/translated/topics.aspx>
* In-language educational resources on COVID-19-
* <https://www.nsw.gov.au/covid-19/translated-resources?fbclid=IwAR2vxj7hNsxfurc-RZ12Uz5ZOJBglI55woEmQJ4d9f45nfhhuLA6fEcJvL8>

**COVID-19 vaccine information:**

* Department of Health- <https://www.health.gov.au/initiatives-and-programs/covid-19-vaccines/information-for-service-providers-workers-and-people-with-disability-about-covid-19-vaccines/information-for-people-with-disability-about-covid-19-vaccines>
* Vaccine Eligibility Checker and where to book an appointment- <https://covid-vaccine.healthdirect.gov.au/>
* Priority COVID-19 vaccination booking for 16 to 39 year-olds- <https://www.nsw.gov.au/covid-19/health-and-wellbeing/covid-19-vaccination-nsw/priority-covid-19-vaccination-booking-for-16>
* You can also find out about how to book in for your vaccination appointment by contacting the National Coronavirus and COVID-19 Vaccination Helpline on 1800 020 080.

**COVID-19 testing at home:**

* <https://www.health.nsw.gov.au/infectious/covid-19/Pages/home-testing.aspx>

**COVID-19 testing clinics:**

<https://www.nsw.gov.au/covid-19/health-and-wellbeing/clinics>

**Food relief/assistance:**

* Hamper Hub - food relief hampers- <https://www.ozharvest.org/hamper-hub-granville/>
* Find food relief in your area- <https://www.ozharvest.org/food/receive-food-individuals/>
* Food banks- <https://www.ideas.org.au/blogs/food-relief.html>

**Restrictions:**

* Find your 5km boundary- <http://2kmfromhome.com/5km>
* NSW Government: What you can do in NSW- <https://www.nsw.gov.au/covid-19/rules/what-you-can-do-nsw>

**Create a COVID-19 check-in card:** <https://www.service.nsw.gov.au/transaction/create-covid-19-check-card?utm_source=ServiceNSW_Consumer&utm_medium=email&utm_campaign=2021-08-16_sfmc_consumer_edm22&utm_term=register_for_QR_code_button&fbclid=IwAR3HhIW3Cabr5drDRuGANJQIETRWzd7GB_Ui8YFWPF2kVrvJ5xM5u5VC6t8>

**Scam alerts:**

* Scam Watch - The latest information on scams- <https://www.scamwatch.gov.au/>
* Stay smart online website- <https://www.cyber.gov.au/acsc/individuals-and-families>
* About Scams and cybercrime (Fair Trading NSW)- <https://www.fairtrading.nsw.gov.au/buying-products-and-services/scams>
* News article from the ABC ‘Flubot text message voicemail scam targets nervous Australians waiting for COVID updates’ (19 August 2021)- <https://www.abc.net.au/news/2021-08-19/flubot-text-message-scam-alert/100389660>

**Getting help during COVID-19:**

* Centrelink- <https://www.servicesaustralia.gov.au/individuals/subjects/getting-help-during-coronavirus-covid-19>
* Red Cross - Extreme Hardship Support Program (Temporary or Provisional Visa Holders, or Undocumented Migrants)- <https://www.redcross.org.au/get-help/help-for-migrants-in-transition/help-for-migrants-in-transition/nsw-relief>
* Service NSW- 137 788

**Mental Health Support**

* **Beyond Blue** Coronavirus Mental Wellbeing Support Service-

Phone: 1800 512 348

Online forum: <https://www.beyondblue.org.au/get-support/online-forums/staying-well/coping-during-the-coronavirus-outbreak>

Web Chat: <https://cmwssonline.beyondblue.org.au/#/chat/start>

* **Lifeline**- <https://www.lifeline.org.au/>

Phone: 131 114

* **Suicide Call Back Service**- <https://www.suicidecallbackservice.org.au/>

Phone: 1300 659 467

* **Kids Helpline**- [www.kidshelpline.com.au](http://www.kidshelpline.com.au)

Phone: 1800 55 1800

* **NSW Mental Health Line-** <https://www.health.nsw.gov.au/mentalhealth/Pages/mental-health-line.aspx>

Phone: 1800 011 511

* **Red Cross COVID Connect-** 1800 733 276
* **COVID-19 Support Line for Senior Australians-** 1800 171 866

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